



NIKHIL BANGA SIKSHAN MAHAVIDYALAYA

(Govt. Aided B. Ed. & B. P. Ed. College)

NCTE Recognized: NAAC Accredited: BSAEU & BU Affiliated

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Report on awareness on NASHA MukT BHARAT on 13.08.2026 at 2.00 pm

Introduction: The NSS Unit of Nikhil Banga Sikshan Mahavidyalaya, in collaboration with Prajapita Brahma Kumari Ishwariya Vishwavidyalaya, organized an awareness programme on “Nasha MukT Bharat” with the objective of creating awareness among students and the community about the harmful effects of substance abuse and the importance of leading a healthy and disciplined life.

Programme: The programme began with a welcome address by the Principal of the Institute. The speakers from Prajapita Brahma Kumari Ishwariya Vishwavidyalaya highlighted the growing problem of addiction and its negative impact on physical health, mental well-being, family relationships, education, and society. They emphasized that drug and substance abuse can seriously affect the future of young people and therefore requires collective efforts for prevention and awareness. They also focus on the importance of **self-control, meditation, positive thinking, spiritual awareness, and strong moral values** in overcoming harmful habits. The participants were encouraged to develop healthy lifestyles and remain away from intoxicating substances. The NSS volunteers actively participated in the programme and helped to spread the message of a “Nasha MukT Bharat.” Awareness messages were shared with the students and the community, encouraging everyone to say no to drugs and other addictive substances. The programme also stressed the importance of supporting individuals struggling with addiction rather than isolating them.

Conclusion: The programme concluded with a vote of thanks to the representatives of Prajapita Brahma Kumari Ishwariya Vishwavidyalaya, the NSS volunteers, faculty members, students, and all those who contributed to the successful organization of the event. The “Nasha MukT Bharat” programme was an informative and socially relevant initiative that successfully conveyed the message of “Say No to Drugs, Say Yes to Life.” It strengthened the commitment of the students and the institution towards creating a healthier and addiction-free society.



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