



# NIKHIL BANGA SIKSHAN MAHAVIDYALAYA

(Govt. Aided B. Ed. & B. P. Ed. College)

NCTE Recognized :NAAC Accredited: BSAEU Affiliated

P.O. Bishnupur : Dist- Bankura, PIN-722122

Phone – 9434202242 : Website - nbsmahavidyalaya.org

Date – 11.1.23

## Report on Student Week Celebration-2023

(02/01/2023 to 07/01/2023)

### Introduction:

This year (2023) Student week has been celebrated on and from **02/01/2023** to **07/01/2023** as per notification vides Memo no. **238-SSE/2022** dated **27.12.2022**, issued by Department of Higher Education, Govt. of West Bengal. After the threat of Covid, Nikhil Banga Sikshan Mahavidyalaya has been conducted the above programme for the benefits of both B.Ed. & B.P.Ed. students with active participation in different activities throughout the week. The schedule of the programme is as follows:

Time	Programme Schedule
<b>02/01/2023</b>	
2.30 P.M – 3.30 PM	1. Awareness on Student Credit Card (SCC) scheme by Dr. KalpataruMondal
3.30 PM- 4.30 PM	2. Interaction with the students regarding Govt. welfare scheme – Dr. Sumanta Sarkar & Dr. KalpataruMondal
<b>03/01/2023</b>	
1.00 PM – 2.00 PM	1. Health Awareness by Dr. JoymalyaGhar
2.00- 3.00 PM	2. Health Check Up Camp conducted by Dr.JoymalyaGhar
3.00 PM – 4.00 PM	3. Career Counselling by Alumni Association, NBSM
<b>04/01/2023</b>	
11.00AM – 12.00 Noon	1. Creative writing (B.P.Ed) Coordinator Dr. Susanta Jana,Dr. Sumanta Sarkar& Sri Sanjay Bhunia
12.00- 1.00 PM	2. Yoga Education for B.Ed. by Dr. Bidya Roy
2.00 – 3.00 PM	3. Motivational speech on Student welfare Scheme by Mr. Jahangir Mollick, DOMA, Bankura
<b>05/01/2023</b>	
11.00AM – 12.00 Noon	1. Creative writing (B.Ed.) Coordinator Dr. SantanuGolui, Dr. Diptiman Ghosh&ArabindaDey



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12.00- 1.00 PM	2. Yoga Education for B.P.Ed by Dr. Bidya Roy
1.0 – 2.00 PM	3. Artificial food colour: a quick call for slow poisoning by Dr. Nilanjana Chatterjee, Assist.Prof. Ramananda College.
<b>06/01/2023</b>	
11.00AM – 12.00 Noon	1. Psychological counselling on Stress management for B.Ed. by Sri Sumit Dutta, Counselling Psychologist and Mental Health Trainer, Kolkata
12.00- 1.00 PM	2. Orientation session on Health wellbeing for B.Ed.by Sumit Dutta, Counselling Psychologist and Mental Health Trainer, Kolkata
2.00PM– 3.00 PM	3. A) AlpanaDrawing (B.Ed.) coordinator Mr.KalicharanHembram, Dr. SantanuGolui, Dr.KalpataruMondal& Mrs. SusmitaMondal& B)AlpanaDrawing (B.P.Ed.) coordinator Dr. Susanta Jana, Dr. Sumanta Sarkar, Dr. Bidya Roy, Sri Sanjay Bhunia
<b>07/01/2023</b>	
11.00AM – 12.00 Noon	1. Psychological counselling on Stress management for B.P.Ed. by Sri Sumit Dutta, Psychologist, Kolkata
12.00- 1.00 PM	2. Orientation session on Health wellbeing for B.P.Ed by Sumit Dutta, Counselling Psychologist and Mental Health Trainer, Kolkata
	3. Counselling Psychologist and Mental Health Trainer,SriSumit Dutta,Counselling Psychologist and Mental Health Trainer, Kolkata

\*\* Prayer & National Anthem each and every day.

**Day 1 (02/01/2023):** First day was framed for awareness among the students regarding student credit card (SCC) scheme launched by West Bengal Govt. This session was introduced by Principal, Prof. (Dr.) Bhim Chandra Mondal and was elaborated by IQAC Coordinator, Dr. Santanu Golui. Dr. Kalpataru Mondal & Dr. Sumanta Sarkar, Coordinators of this scheme from college discussed about SCC and summarized through power point presentation. Here data regarding college and department wise was shown to the students for their concern only. After that the first session was concluded by Dr. Diptiman Ghosh, Associate professor of the college.



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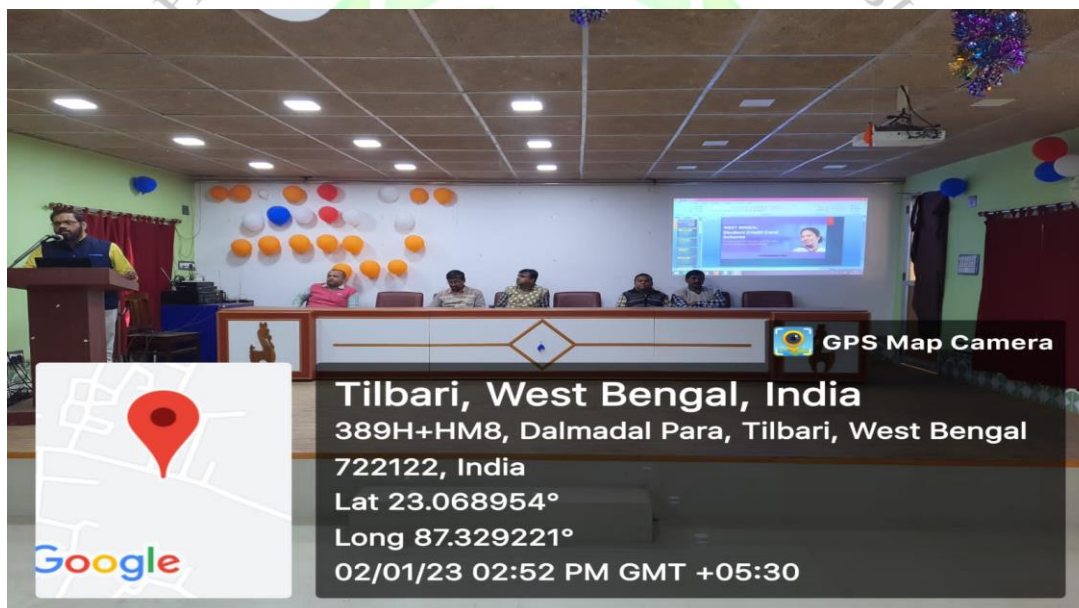
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Next session was from 3-30 pm to 4-30 pm regarding Students' welfare scheme of West Bengal and these session was mainly introduced by Dr. Sumanta Sarkar, Coordinator of this scheme in front of the students with beneficial purposes. After that this session was presented by Dr. Kalpataru Mondal, Assistant Professor and coordinator of this scheme from college end. He emphasized on benefits of the backward students with different welfare scheme for higher education and job placement with some data representation. The students were actively engaged here with query and group discussion. This session was concluded by vote of thanks given by Dr. Santanu Golui, IQAC Coordinator of the college.



## Principal addressing the students

**Day 2 (03/01/2023):** In the 2<sup>nd</sup> day of the said schedule first session was introduced by Dr. Joymalya Ghar, Physician and medical advisor of the College regarding Health Awareness from 1-00 pm to 2-00 pm. This session was introduced by Dr. Nityananda Karmakar, HOD, B.P.Ed. and he explained regarding Health issues and problems in sports line. He also emphasized for good practices for healthy life condition. Then this session was nicely presented by Dr. Ghar with some realistic examples and demonstration. He stressed on healthy and hygienic life style for betterments of our health. Here in this regard food habit was key point for explanation





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regarding health awareness to him. This session was concluded with question-answer method.

Different query met up by Dr. Ghar.



## Dr. Joymalya Ghar addressing the students

Second Session was from 2-00 PM to 3-00 PM with Health Check Up and its necessity. This session was introduced by Dr. Bhim Chandra Mondal, Principal of the College and as per his opinion this issue is vital and important now-a-days for our health concern. Dr. Jaymalya Ghar was key person to elaborate this session beautifully with some Diagnostic problem solving method which was really effective among the staff and students of the college. Basic health check up like Blood Pressure, Pulse, Weight, Sugar, Sodium Pottasium etc. is essential nowadays. These are nicely explained by him and concluded the session with some question-answer interaction.

The third session was Career Counseling session from 3-00 pm to 4-00 pm which was organized by Alumni association of the college. Here the session was introduced by Dr. Santanu Golui, IQAC Coordinator of the college. The Resource persons for the session were Sri Rabindranath Patra, President of alumni association, Sri Prabir Dutta, Secretary of alumni association, Sri Sibabrata Mukherjee, Head master and Alumni of the college. They all nicely presented their viewpoints how to face interview and how to prepare before facing interview for job placement. The after giving brief idea before the participants for mock interview different question were



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from participants end. After giving explanation with the resource persons the Mock Interview for Career placement. Here in presence of Sri Rabindranath Patra, Sri Prabir Dutta, Sri Shibabrata Mukherjee and Dr. Kalpataru Mondal, Assistant Prof. , B.Ed. Dept. of the college. The Mock interview was for both College students and outside participants who have qualified TET Exam for teaching job. Each one delivered live class demonstration with Self introduction before the placement counseling board as mock demo purposes. Near about 30 participants were present for this mock interview and each and everyone were enriched from this session with sharing their feelings.



## News paper cutting

**Day 3 (04/01/2023):** The first session was creative writing competition for B.P.Ed. students under the Supervision of Dept. with supervision of Dr. Susanta Jana, Dr. Sumanta Sarkar & Sri Sanjay Bhunia from 11-00 am to 12-00 pm. After completion of the creative writing competition individually spot evaluation and marking was done by B.P.Ed. faculty members.

The second session of the day was from 12-00 PM to 1-00 PM for B.Ed. Dept for Yoga Education. This session was chaired by Dr. Bidya Roy, Assistant prof. & Yoga Expert of the college regarding Yoga Education and Fitness. This session was introduced by Dr. Kalpataru Mondal, and he stressed on Yoga activities as daily routine in life schedule. Dr. Bidya Roy continued this session with some live practices of Yoga and Art education. All students were actively participated through Yogic activities. She presented this session with Power Point and Video clips chanting and concluded with photo session of the activities.







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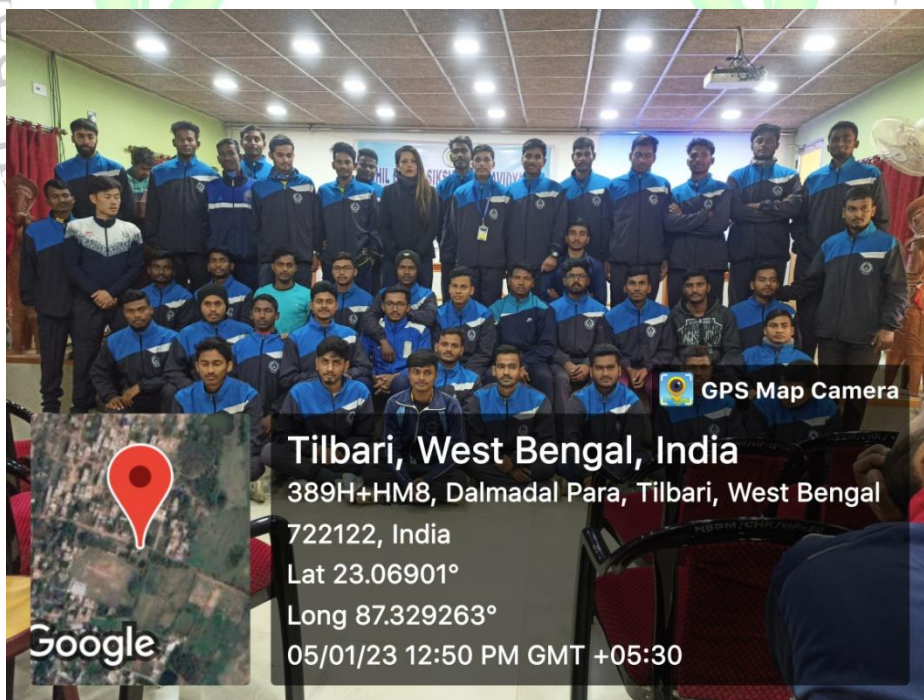
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Then the resource person for the Session, Mr. Jahangir Mollick nicely presented different schemes i.e. Student Credit card, SVMCM, OASIS, AIKASHREE, Kanyashree, Sishusathi etc. and its significance with proper examples. Students were engaged with different queries and He gave satisfactory answer to solve the problems.

**Day 4 (05/01/2023):** The first session was creative writing competition of B.Ed. Dept. under supervision of Dr. Santanu Golui, Dr. Diptiman Ghosh & Arabinda Dey from 11-00 am to 12-00 pm . The Topic was given on spot. After completion of the creative writing competition individually spot evaluation and marking was done by B.Ed. Faculty members.

The second session of the day was from 12-00 PM to 1-00 PM for B.P.Ed. Dept. This session was chaired by Dr. Bidya Roy, Assistant prof. & Yoga Expert of the college regarding Yoga Education and Fitness. This session was introduced by Dr. Santanu Golui, IQAC Coordinator and he stressed on Yoga activities as daily routine in life schedule. Dr. Bidya Roy discussed with live demonstration.



In the 3<sup>rd</sup> session of the day was conducted from 1-00 pm to 2-00 pm. This session was introduced by Dr. Santanu Golui, IQAC Coordinator. The resource person of this session was Dr. Nilanjana Chatterjee, Assistant Professor of Ramananda College, Bishnupur. This session was





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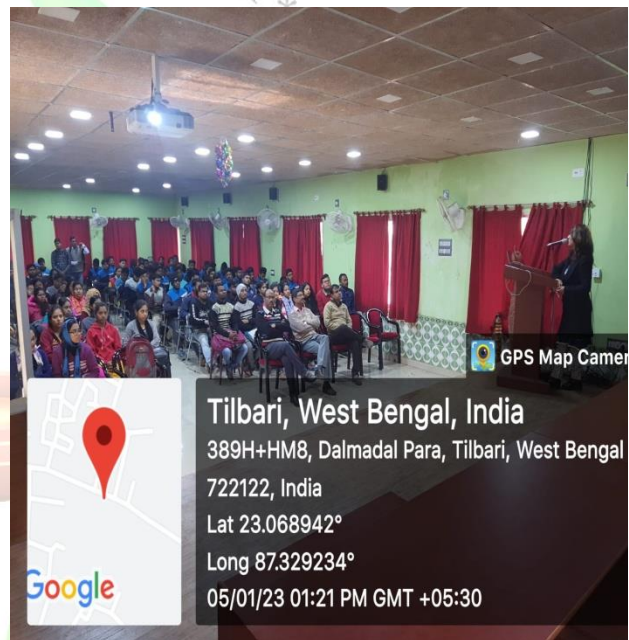
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about **Artificial food colour: A quick call for slow poisoning**. She was felicitated by Dr. Samit Kumar Das, Asst. Prof. of B.Ed. Dept. of the college. She beautifully explained about positive and negative side of food habit in our daily life situation. Her presentation stressed on concerning people about colour food and its poisonous impact in our life. All participants were pleased to hear from her this topic and learned more to avoid this colored food in future. This session was concluded by giving vote of thanks and photo session with Dr. Nilanjana Chatterjee and participants.



## Felicitates Dr. Nilanjana Chatterjee & her delivering

**Day 5 (06/01/2023):** 1<sup>st</sup> session was from 11-00 am to 12-00 pm regarding Psychological Counseling and Stress management by Resource person, Sri Sumit Dutta, Psychologist from Kolkata. He was felicitated by Prof. (Dr.) Bhim Chandra Mondal, Principal and the session was started through welcome speech of the Principal. In this session the others delegates from Ramananda College, Sri Arpan Sarkar, and Assistant Professor also gave outline about mental health counsel. Dr. Kalpataru Mondal gave a brief description about Sri Sumit Dutta, Psychologist. In this Session Sri Sumit Dutta started this session with very interesting way of dramatization method with active participants of B.Ed. students. Then this session was discussed about to cope up with mental stress and strengthening psychological conditions in day to day





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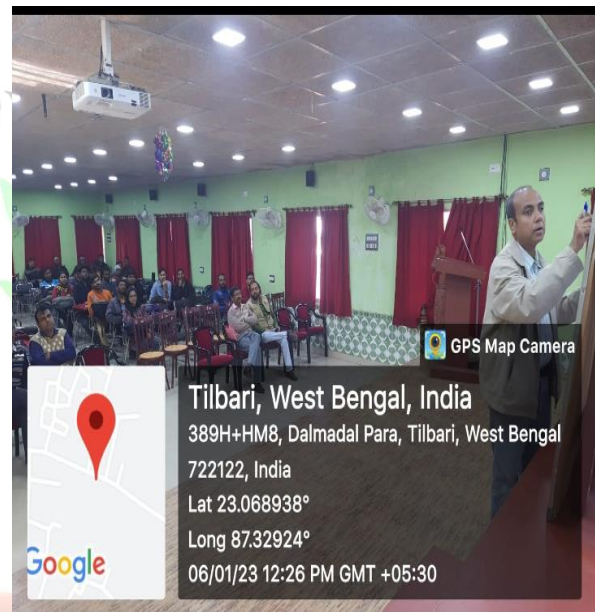
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situation. He stressed on counseling to problem solve situation and clinical method application for betterment of mental hygiene condition. The session was concluded by vote of thanks from Dr. Bidya Roy, Assistant Professor of the college.



## Sri Sumit Dutta

2<sup>nd</sup> session of the day was chaired by Sri Sumit Dutta, Psychologist and resource person who was nicely presented by demonstrated about the mental health. Students were actively engaged as evidence by questioning. After giving clear picture of this session students were interested to share their personal issues with the resource person for getting better idea to cope up with healthy and mental problematic issues.

3<sup>rd</sup> session was drawing competition as part and parcel of the programme. Both B.Ed. and B.P.Ed. Students were engaged in group for Rongoli drawing in the campus of the college. Here judgment was done by the faculties of both B.Ed. & B.P.Ed. separately and marks has been assigned with criteria like colour, beautification, time and highlighting pictures. Positions were declared after spot judgments separately in B.Ed. and B.P.Ed. Dept. Pictures and video clippings were done for capturing the moments.







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## Rangoli

**Conclusion:** The entire programme was supervised by Prof. (Dr.) Bhim Chandra Mondal, Principal. The whole programme was nicely concluded with cooperation among the staff, students and resource persons fruitfully. We look forward for the next one also with some different new activities.

PRINCIPAL

