



NIKHIL BANGA SIKSHAN MAHAVIDYALAYA

(Govt. Aided B. Ed. & B. P. Ed. College)

NCTE Recognized: NAAC Accredited: BSAEU Affiliated

P.O. Bishnupur : Dist – Bankura

Phone - 9434202242

Date 24.12.2023

Report of Two Day National level seminar on “Opportunities and Challenges in Physical Education and Sports in Modern Era”

Introduction: A seminar is a form of academic instruction, either at an academic institution or offered by a commercial or professional organization. The purpose of a seminar is to enable students to improve their knowledge and understanding of a topic by engaging with key issues - participation is therefore necessary and successful participation involves preparation.

In view of the above, IQAC, Nikhil Banga Sikshan Mahavidyalaya has organized Two Day National Seminar on and from 21/12/2023 to 22/12/2023.

Day 1 (21.12.2023) Inaugural Session: The first day of the Two-Day National Seminar on “Opportunities and Challenges in Physical Education and Sports in Modern Era” was graced by esteemed personalities in the field of Physical Education and Sports. The inaugural session was start at 10:30 a.m. and it continued up to 11:45 a.m. The Inaugural Session set a positive tone for the seminar with lamp lighting ceremony followed by inaugural song performed by **Ipsita Farikar**. After completion of melodious inaugural song all the dignitaries guests were facilitated by our beloved principal Dr. Bhim Chandra Mondal, The lamp was lightened by our chief guest **Professor Dr. Alok Kumar Banerjee**, former VC, University of Kalyani. After lamp lighting ceremony , welcome speech was given by **Professor (Dr.) Bhim Chandra Mandal**. The convener of the seminar, Dr. Nityananda Karmakar, Associate Professor and Head of the department of Physical Education, has delivered the prospective and objectives for organising this seminar. IQAC coordinator **Dr. Santanu Golui**, has also presented the importance to organise this seminar.



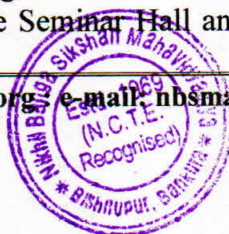
Lightening of Lamp



Inaugural speech of Prof. (Dr.) Alok Banerjee

Technical session: First technical session was featured keynote speaker **Professor (Dr.) Alok Kumar Banerjee** addressing crucial topic “Challenges before the profession of Physical Education and Sports in 21st century”. The second technical session which was started sharp at 1:00 p.m. with special lecture **Professor (Dr.) Krishna Banerjee** and enlightened us on the topic of “Women in Sports- a neglected chapter in our society”. The third technical session included a comprehensive talk on “Basic concept of energy supply for various intensity sports activities and -pre-during-post competition diet” by **Dr. Kishnendu Dhar**, Assistant Professor, Tripura University. The Interactions following each the sessions provided a platform for engaging discussions and the exchange of ideas. The fourth technical session was designed by the **paper presentations** in both the Seminar Hall and Master’s Class Room showcased

Website- nbsmahavidyalaya.org e-mail- nbsmahavidyalaya@gmail.com



Principal
Nikhil Banga Sikshan Mahavidyalaya
Bishnupur, Bankura

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diverse research in the field, with expert chairpersons **Dr. Nityananda Karmakar** with co-chairperson **Dr. Susanta Jana**, Assistant Professor, Nikhil Banga Sikshan Mahavidyalaya and in Masters classroom, Chairperson **Dr. Santanu Golui** with Co-Chairperson **Dr. Kalpataru Mondal** Assistant Professor, Nikhil Banga Sikshan Mahavidyalaya, guiding the sessions.



Dr. Krishnendu Dhar is in flow



Token of love from NBSM



Paper presentation session



Lunch time

Day 2 (22.12.2023) Technical session: 2nd Day of the Seminar (5th technical session) started with **Prof. (Dr.) Sumanta Kumar Mondal**, Professor, Department of Physical Education and Sports Science Visva-Bharati, delivered a captivating talk on “**Journey to Infusion Technology in Sports Training and Coaching.**” 6th technical session by **Dr. Krishnendu Dhar** on the second day, enlightening the audience on the “**Identification of Sports Talent and their Periodical Assessment.**” The last technical session for paper presentations were conducted both in seminar hall Chaired by **Dr. Sumanta Sarkar**, Assistant Professor and co-chaired by **Sri Sanjay Bhunia** Assistant Professor as well as Master’s class room chaired by **Dr. Diptiman Ghosh**, Associate Professor, with **Sri Arabinda Dey**, as Co-Chairperson. The technical sessions featured insightful paper presentations by the participants with distinguished chairpersons guiding the discussions and fostering a collaborative learning environment.



Sumanta Mondal
24/12/23

Principal
Nikhil Banga Sikshan Mahavidyalaya
Bishnupur, Bankura

Website- nbsmahavidyalaya.org : e-mail: nbsmahavidyalaya@gmail.com





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Valedictory Session: In this session, the Secretary of organizing committee, **Dr. Sumanta Sarkar** had briefly summarised the seminar with the achievements, insights, and key takeaways from the two-day event. The seminar concluded with a valedictory session where the vote of Thanks was delivered by **Prof. (Dr.) Bhim Chandra Mondal**, acknowledging the contributions of all participants, speakers, and the organizing committee.



Valedictory programme

Conclusion: Two-Day National Seminar on “Opportunities and Challenges in Physical Education and Sports in Modern Era” was a resounding success, thanks to the meticulous planning and execution by the organizing committee. The knowledge shared and discussions held during the seminar are expected to have a lasting impact on the advancement of physical education and sports in the evolving landscape. Participants eagerly anticipated the programme, anticipating more enriching discussions and insights.

PRINCIPAL

Bhim Chandra Mondal
24/12/23
Principal
Nikhil Banga Sikshan Mahavidyalaya
Bishnupur, Bankura



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