



NIKHIL BANGA SIKSHAN MAHAVIDYALAYA

(Govt. Aided B. Ed. & B. P. Ed. College)

NCTE Recognized: NAAC Accredited :BSAEU Affiliated

P.O. Bishnupur : Dist- Bankura, PIN-722122

Phone -9434202242 : Website - nbsmahavidyalaya.org

Date 10.12.2022

Report of Workshop on “Latest Trends and Practices on Track and Field Officiating”

Introduction:

Nikhil Banga Sikshan Mahavidyalaya is a co-educational Teachers Training (B.Ed & B.P.Ed) Institute recognized by NCTE. It was established in 1969 and is located at Bishnupur town in Bankura district. Bishnupur is famous for its own cultural heritage on art and architecture.

It is great pleasure to all of us that IQAC in association with Department of Physical Education had organized 3 Day Workshop on “Latest Trends and Practices on Track and Field Officiating” on and from 07.12.2022 to 09.12.2022. This workshop was glorified by the eminent resource person **Dr. Sudhanshu Dey**, Assistant Teacher of Kankinara High School, Level-1 Technical Officials, World Athletics and **Mr. Samar Mandal**, MSc (Mathematics), B.P.Ed, AFI Pre Level-1 Coach, State Technical Officials, Athletics, Volleyball and Kabaddi.

From the beginning of the Physical Education, Track and Field and Officiating is an essential part and parcels of this subject. Taking this consideration IQAC and Department of Physical Education organized the workshop on Track and Field Officiating.

Objectives of The Workshop:

1. To develop and understanding of current trends of Track and field event.
2. To enhance knowledge about the current trends and prospects of officiating.
3. To promote the knowledge and understanding level of the participants through practical sessions about track and field event.
4. To prepare the participants for track and field officiating

Programme Schedule of the workshop

Day – 1 (07.12.2022)

Inaugural Programme	
5.00 PM – 6.00 PM	Welcome address: Prof. (Dr.) Bhim Chandra Mondal , Principal, Nikhil Banga Sikshan Mahavidyalaya
	Speech by Dr. Santanu Golui , Coordinator, IQAC, NBSM.


Principal
Nikhil Banga Sikshan Mahavidyalaya
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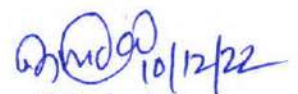
	Speech by Dr Nityananda Karmakar , HOD, B.P.Ed
6.00 PM – 7.30 PM	Concept of Track Marking (Theory) by Sri Samar Mandal
7.30 PM – 9.00 PM	General Introduction about latest rules of T&F (Theory) by Dr. Sudhanshu Dey

Day-2 (08/12/2022)

Time	Subject
7.00 AM – 11.00 AM	Track Marking (Practical) by Sri Samar Mandal
11.00 AM – 1.00 PM	Technical Rules of Track Events (Theory) by Dr. Sudhanshu Dey
1.00 PM - 3.00 PM	LUNCH BREAK
3.00 PM to 5.00 PM	Stagger and Relay Zone Marking (Practical for GROUP-I) by Sri Samar Mandal
3.00 PM to 5.00 PM	Officiating Practices of Track Events (Practical for GROUP-II) by Dr. SudhanshuDey
5.00 PM – 6.00 PM	TIFFIN BREAK
6.00 PM to 7.30 PM	Concept of Field Marking (Theory) by Sri Samar Mandal
7.30 PM to 9.00 PM	Technical Rules of Throwing Events (Theory) by Dr. SudhanshuDey

Day-3 (09/12/2022)

Time	Subject
7.00 AM – 9.00 AM	Stagger and Relay Zone Marking (Practical for GROUP-II) by Sri Samar Mandal
7.00 AM to 9.00 AM	Officiating Practices on Track Events (Practical for GROUP-I) by Dr. SudhanshuDey
9.00 AM – 11.00	BREAKFAST



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11.00 AM to 12.30 PM	Field Marking for Throwing Events (Practical for Group -I) by Sri Samar Mandal
12.30 PM – 2.00 PM	Technical Rules of Field Events (Theory) by Dr. Sudhanshu Dey
2.00 PM – 3.00 PM	LUNCH BREAK
3.00 PM to 4.00 PM	Valedictory & Question answer session

Day-1 (07/12/2022)

In this session dais was enlightened by **Prof. (Dr.) Bhim Chandra Mondal**, Principal of the College, **Dr. Santanu Galui**, IQAC Coordinator, **Dr. Sudhanshu Dey** and **Sri Samar Mandal** as resource person and Barun Dey, Rabindranath Patra, Dr. Deepak Singh, Dr. Sumalya Roy as a guest. Opening ceremony of Workshop started through Lightening the lamp by Principal, resource person and all the guest, that was anchored by **Dr. Susanta Jana**. In his inaugural speech **Dr. Mondal** highlighted the importance of Track & Field marking in Physical Education.



Tilbari, West Bengal, India

389H+HM8, Dalmadal Para, Tilbari, West Bengal 722122, India

Lat 23.069069°

Long 87.329255°

07/12/22 05:19 PM

Inauguration

Bhim Chandra Mondal
10/12/22

Principal
Nikhil Banga Sikshan Mahavidyalaya
Bishnupur, Bankura



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Audience

Day-2 (08/12/2022)

In the second day (8/12/22) technical session has been started at 7.00 AM by Sri Samar Mandal on the topic “**Concept of Track Marking**”. In the second technical session Dr. Sudhangshu Dey has delivered lecture on “**Technical Rules of Track Events**” at 11.00 AM. Both the Resource Persons taken their practical classes group wise at the playground after lunch break at 3.00 P.M on Stagger and Relay Zone Marking by **Sri Samar Mandal** and **Dr. Sudhangshu Dey**. Again theory classes has been started at 7.00 PM by both the resource persons periodically and classes has been ended at 9.00 P.M. The student has enjoyed all the theory and practical classes throughout the day.


Principal

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At Field



Practical Sessions


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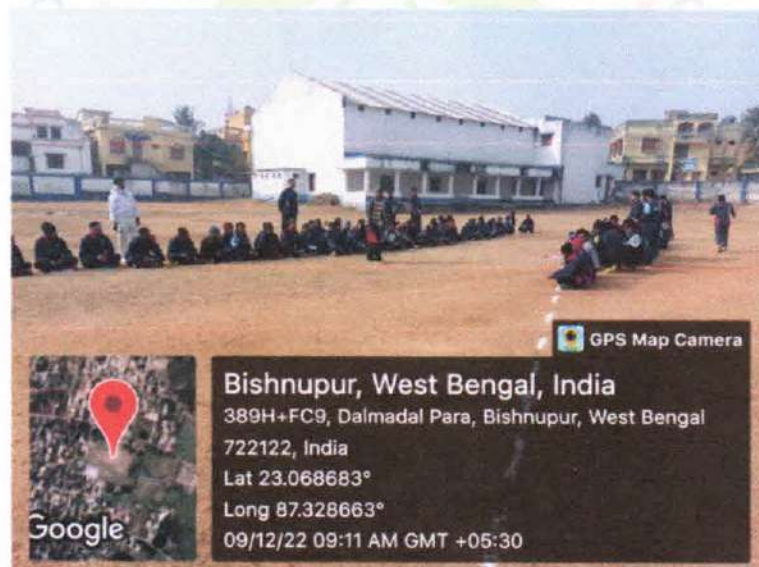
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Practical class by Dr. S. Dey

Day-3 (09/12/2022) :

At the starting of the last day of the workshop, Sri Samar Mandal taken his practical class on stagger and relay zone marking and Dr. Sudhangshu Dey taken practical classes on Officiating practices on Track Events from 7.00 AM to 9.00 A.M. From 11.00 A.M. again practical classes has been started upto 2.00 P.M. Valediction ceremony has been started at 2.30 PM where students feedback has been recorded. In this session students has asked heir doubt regarding three days series of activities.




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Valedictory Session



Felicitation to Sri S. Mandal


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Felicitations to Dr. S. Dey

Conclusion: In this workshop total 112 participants were actively participate out of which 100 from our own Institution, one from Anandam H. S Paul Institute and rest from the department of Physical Education Panskura Banamali College. Feedback of the students implied the grand success of the workshop.



All in a Frame


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