

NIKHIL BANGA SIKSHAN MAHAVIDYALAYA

(Govt. Aided B. Ed. & B. P. Ed. College)

NCTE Recognized: NAAC Accredited: BSAEU & BU Affiliated

P.O. Bishnupur : Dist – Bankura

Phone –(03244) 256936: 9434202242

Dated 11.07.2024

Report of Add on Course on “Physiotherapy”

(Period 05.07.2024 to 10.07.2024)

Introduction: Physiotherapy helps in the restoration of function and movement in those who have been impacted by disease, accident, or disability. It may also lessen the future chance of being sick or injured. It requires an all-encompassing strategy where the patient is actively involved in their own care.

Importance: Students' motor skills, comprehension of physical activities and physical fitness are all improved by physical education (PE). It is also essential in helping pupils learn self-control, accountability, and the value of respecting their bodies, peers, and teammates. Therefore, teaching physiotherapy to our B.P.Ed. students is crucial.

In view of the above, department of Physical Education, Nikhil Banga Sikshan Mahavidyalaya in association with Kolkata Paramedical & Health organized **Add on course on “Physiotherapy”** on and from **05.07.2024 to 10.07.2024**.


Time Table: The time table for the add on programme is as follows:

Time	1 st Half	1 st Half	2 nd Half	2 nd Half
Date	6.30 – 8.30 AM	9.00 - 10.00AM	3.30 - 5.30 PM	5.30 – 6.30 PM
05.07.24	Physiology (Theory) SP	Anatomy (Theory) SVD	Anatomy (Theory) SVD	Anatomy (Practical) SP
06.07.24	Fracture (Theory) SMD	Fracture (Theory) SMD	Anatomy (Practical) SVD	Fracture (Practical) SP
07.07.24	Use of Instruments (Theory) SP	Physiotherapy (Theory) SJ	Use of Instruments (Practical) SP	Use of Instruments (Practical) SMD
08.07.24	Use of Instruments - IFT (Theory) SMD	Physiotherapy (Theory) SB	Use of Instruments - SWD (Practical) SP	Use of Instruments - IFT (Practical) SP
09.07.24	Emergency (Theory) SB	Emergency (Practical) SS	Emergency (Practical) SJ	Emergency (Practical) SJ
10.07.24	Physiotherapy (Theory) SJ	Physiotherapy (Theory) SJ	Physiotherapy (Practical) SS	Physiotherapy (Practical) SB
11.7.24	Evaluation			

Resource Person/Coordinator/Supervisor associate with the course

1. Sri Suman Pal – Physiotherapist, External experts
2. Samvit Dutta - Physiotherapist, External experts
3. Sadip Dutta - Physiotherapist, External experts

Website- nbsmahavidyalaya.org : e-mail: nbsmahavidyalaya@gmail.com


11.7.24
Principal
Nikhil Banga Sikshan Mahavidyalaya
Bishnupur, Bankura



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4. Dr. Susanta Jana – Internal Expert
5. Dr. Sumanta Sarkar – Internal Expert
6. Sanjay Bhunia - Internal Expert

Description of the programme

The classes for the additional course were offered according to the schedule that was previously specified. During the orientation, the principal and other resource persons informed the students about the new subject. The principal states that a minimum of **75%** attendance is required to pass the course. Total **64 trainee** participated in the programme and all of the completed the course successfully.

Images :



Day 1 & Day 2 Programme



Day 3 & Day 4 programme



Last Day pogramme

Conclusion: Feedback of the students ensured they have leaned lot of things on Physiotherapy from the course and promise to apply the same when needed.



Nikhil
11.7.24
Principal
Nikhil Banga Sikshan Mahavidyalaya
Bishnupur, Bankura